July 26-29, 2012

Event Information &
Registration Guide

The 2012 Ohio Senior Olympics will serve as Ohio’s only qualifying event for the 2013 Summer National Senior Games in Cleveland. Upon receiving your completed registration packet and registration fees in full, we will send a comprehensive confirmation packet pertaining to your events.

Registration Deadline July 16, 2012
Register Online
www.ohioseniorolympics.org
ELIGIBILITY REQUIREMENTS
AGE: All athletes must be 50 years of age by December 31, 2012.
Proof (Photo ID – Example: Driver’s License) of age is required when you check in at your event.

AGE DIVISION: There will be separate age-group divisions for men and women (5-year increments) beginning at age 50.

The following age divisions will apply to both men and women for all individual, doubles and relay competitions: 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; 95-99; and 100+.

All team sports are divided into the following divisions for both men and women: 50+; 55+; 60+; 65+; 70+; and 75+. In addition, 3-on-3 basketball shall have an 80+ age division. Age Divisions for all team competition will be determined by the age of the youngest team player as of December 31, 2012.

AWARDS: Gold, Silver, and Bronze medals will be presented to the 1st, 2nd, and 3rd place finishers within each age division.

Please note: Medals will NOT be mailed after the games. Athletes must claim their awards at the venue at the conclusion of the event.

FRIENDLY REMINDERS
1. Complete BOTH sides of Registration Form - including Liability Waiver.
2. Fees are non-refundable.
3. No on-site registrations can be taken for any event.
4. You must accept the T-shirt size that you have ordered on your registration form. T-shirt and event packets may be picked up prior to your first event.
5. Doubles players must list their partner’s full name on the registration form in the space provided. Confirm your entry with your partner before mailing your registration form.
6. Equipment provided for the events include: Field equipment, basketballs, tennis balls, table tennis balls, volleyballs, shuttlecocks and shuffleboard disks. All other equipment should be provided by the participant. Personal equipment must be certified at the event.
2012 Ohio Senior Olympics - General Registration Information

HOW TO REGISTER

1. Registration Form: Fill in ALL information requested on the form.
2. SIGN THE LIABILITY WAIVER ON THE REGISTRATION FORM. You will not be able to compete unless it is signed.
3. Event Selection Page: Select and clearly mark the events in which you plan to compete.
4. Be sure fees are correctly calculated and all appropriate event and/or additional fees are included.
5. REGISTRATION DEADLINE: REGISTRATION (WITH PAYMENT INCLUDED) MUST BE POSTMARKED ON OR BEFORE MONDAY, JULY 16. Call 216-479-6345 if you have questions.
6. NO ON-SITE REGISTRATION for any event.
7. Make check or money order for the total registration fees + late fee payable to: (Do not include any on-site fees):

   Greater Cleveland Sports Commission

   Send completed Registration Form/ Event Selection/ Team Roster (if applicable) and Check or Money order to:

   2012 Ohio Senior Olympics
   Greater Cleveland Sports Commission
   334 Euclid Avenue, Suite 100
   Cleveland, OH 44114

8. TEAM SPORT REGISTRATION: All team sport players must complete the registration form and have a signed Liability Waiver form to participate in any event.
9. Team sport participants: The completed registration form and check or money order for the registration fees should be given to your team captain. The team captain will include all the team registration forms and checks or money orders for fees in their team’s registration packet.
10. Team sport participant with additional individual sport participation: Indicate the additional event participation on registration form and include any additional registration fees with registration form for team participation.
1) ARCHERY
Date: Saturday, July 21, 2012
Time: 1:00PM
Location: Case Western Reserve University (Van Horn Field)
2138 Adelbert Road
Cleveland, Ohio 44016

Sport Chairperson: Connie Poe-Kochert, rick.connie@att.net, 216-319-5420
Bill Davis, wrd1952@gmail.com, 440-679-0330

Event Offered: Barebow Compound, Barebow Recurve, Compound Fingers, Compound Release, Recurve

Format: The “900” American Round will be used. Archers will shoot 90 arrows total: 30 arrows each round from 40, 50, and 60 yards (5 ends of 6 arrows). “X” hits will be kept on the scorecard by all competitors and will be used as a tiebreaker. Regulation FITA 122 cm (48”) Five color target faces will be used.

Event Information: Archers must provide their own bows and matching arrows. Archers may compete in one archery event only. All archery events will be conducted in accordance with the National Archery Association Rules. Should equipment failure occur, a 30 minute repair time will be allowed with no disruption of the shooting line. A maximum of 2 ends may be made up at the discretion of the archery chairs. Field glasses or scopes are permitted for spotting arrow hits.

2) BADMINTON
Date: Friday, July 27, 2012
Time: 9:00AM
Location: Cleveland State University (Woodling Gymnasium)
1983 East 24th Street
Cleveland, Ohio 44115

Sport Chairperson: David Cumming, 216-586-1319

Event Offered: Singles, Doubles, Mixed Doubles

Format: All matches will be governed by U.S. Badminton Association rules. A match is best 2 out of 3 games. All attempts will be made to ensure that individuals will play the maximum number of games, with as many players as possible advancing to the finals. The Sport Chair reserves the right to change format due to registration numbers and unforeseen circumstances. If players participate in multiple events, every effort will be made to schedule matches so as to not conflict with any other events.

Event Information: Players must provide their own racquets. Shuttlecocks will be provided.
2012 Ohio Senior Olympics - General Registration Information

3) BASKETBALL (3-ON-3 HALF COURT)

Date: Saturday & Sunday, July 28 & 29, 2012
Time: 9:00AM

Location: Cleveland State University (Woodling Gymnasium)
1983 East 24th Street
Cleveland, Ohio 44115

Sport Chairperson: Cindy McKnight, cmknight@ursuline.edu, 440-221-2596

Format: NCAA/NSGA rules will govern play. If numbers are conducive, teams will be divided into pools within their age divisions. Within each pool, a single round robin will be played. At the end of the round robin, winners will advance to a single elimination tournament in their age group. The Sport Chair reserves the right to alter the format based on the number of teams.

Event Information: Team must be of all one gender. Age groups for competition are determined by the youngest member as of December 31, 2012. Athletes can compete on ONE team per sport. Teams must provide their own numbered light and dark uniform shirts with numbers on front and back. Game balls will be provided. Team roster shall be limited to 10 persons, including non-playing coaches, non-playing captains and non-playing bench personnel, except as otherwise permitted. All registration and team rules apply to non-playing coaches, non-playing captains, and non-playing bench personnel. Captains must declare team residency at the time of registration, subject to NSGA approval.

4) BOWLING

Date: Friday, July 27, 2012
Time: Squad A - 10:00AM, Squad B - 1:00PM (Bowler’s choice, please indicate on your registration form)

Date: Saturday, July 28, 2012
Time: Same gender doubles - 10:00AM, Mixed doubles - 1:00PM

Location: Freeway Lanes - Wickliffe
28801 Euclid Avenue
Wickliffe, Ohio 44092

Sport Chairperson: Mike Phillips, realbowl@usa.net, 440-339-5128

Event Offered: Singles, Double, and Mixed Doubles

Format: Participants will bowl three games in an event - Singles, doubles and mixed doubles. Winner will be determined by total number of pins over three games. USBC card is not required in order to participate. Sport Chair has right to change format/rules depending on number of registered bowlers. The age division for doubles will be determined by the younger age of the two partners as of December 31, 2012.

Event Information: On-site fee is $8.85 for three games, payable at event.
### 2012 Ohio Senior Olympics - General Registration Information

<table>
<thead>
<tr>
<th>Event</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>5) CYCLING</strong></td>
<td>Further details will be sent out at a later date. For questions and additional information please contact Sue Hlavacek at (216) 363-1341 or <a href="mailto:shlavacek@clevelandsports.org">shlavacek@clevelandsports.org</a></td>
</tr>
</tbody>
</table>
| **6) GOLF** | **Date:** Thursday, July 26, 2012  
**Time:** 7:30AM check-in, 8:00AM shot gun start  
**Location:** Little Mountain Country Club  
7667 Hermitage Road  
Concord, Ohio 44077  
**Sport Chairperson:** Sue Hlavacek, shlavacek@clevelandsports.org, 216-363-1341  
**Event Offered:** 18 Holes of Championship Golf  
**Format:** 18 holes of scratch play. Gross score, no handicap.  
**Event Information:** Tournament will be conducted in accordance with USGA rules. Local course rules also will be in effect. Golfers must provide their own clubs. Golf cart use during competition is mandatory. Soft spikes only. Groups of four will be assigned by age division. If you have a group with whom you would like to golf, please submit the names with the registration form. In the event of a tie for 1st, 2nd or 3rd place, the USGA tie-breaking procedure of matching scorecards will be implemented. The player with the best score on the last nine holes will win the higher medal. If players have the same score for the last 9 holes, the last 6 holes will be compared, then 3 holes and finally the 18th hole. One caddie per golfer will be permitted. All caddies must register with the sport chair prior to taking the course. Range finders of any type are permitted. USGA rules regarding coaching and pace of play will be observed. |
| **7) HORSESHOES** | **Date:** Saturday, July 28, 2012  
**Time:** 10:00AM  
**Location:** Chesterland Township Park  
Intersection of Chillicothe Road & Mayfield Road  
Chesterland, Ohio 44026  
**Sport Chairperson:** Sue Hlavacek, shlavacek@clevelandsports.org, 216-363-1341  
**Event Offered:** Singles  
**Format:** Competitors will pitch 30 shoes, “count all” per match. One game equals a match. Competitors will participate in pool play to a single elimination championship.  
**Event Information:** Athletes must bring their own horseshoes. |
8) **PICKLEBALL**  
**Date:** Saturday, July 28, 2012  
**Time:** 9:00AM  
**Location:** Cleveland State University (Malaga Tennis Center)  
2100 Chester Avenue  
Cleveland, Ohio 44114  
**Sport Chairperson:** Bob Schrag, bobschrag@yahoo.com, 440-666-8051  
**Event Offered:** Singles, Doubles, and Mixed Doubles  
**Format:** Matches will be either double elimination or round robin depending on the number of participants in each group. USA Pickleball Association rules will govern play. Participants may be asked to referee matches.  
**Event Information:** Competitors must provide their own paddles. Balls will be provided.

9) **RACE WALK 1500M/5000M**  
**Date:** Friday, July 27, 2012  
**Time:** 8:30AM  
**Location:** Case Western Reserve University (Case Field)  
1632 East 115th Street  
Cleveland, Ohio 44016  
**Sport Chairperson:** Larry Siefert, LNS1955@att.net  
**Event Offered:** 1500 Meters and 5000 Meters  
**Format:** Race Walk will be held on a track. Race numbers will be distributed at event check-in.
10) RACQUETBALL
Date: Friday, July 27, 2012
Time: 9:00AM

Location: Case Western Reserve University (Veale Center)
2138 Adelbert Road
Cleveland, Ohio 44016

Sport Chairperson: Sue Hlavacek, shlavacek@clevelandsports.org, 216-363-1341

Event Offered: Singles and Doubles

Format: Single elimination tournament. Matches are two games to 15 points; third game tie breakers to 11 points.

Event Information: Licensed eyewear designed for racquet sports is required for all competitors. Athletes must bring their own racquet. Balls will be provided.

11) ROAD RACE 5K
Date: Sunday, June 24, 2012
Time: 7:30AM

Location: A Most Excellence 5K Run / Beaumont School
3301 North Park Boulevard
Cleveland Heights, Ohio 44118

Format: Runner will compete as part of the Most Excellence 5K Run. **5K REGISTRATION ENDS MONDAY, JUNE 18 at 5:00PM, EST.**

12) ROAD RACE 10K
Date: Sunday, May 20, 2012
Time: 7:00AM

Location: Rite Aid Cleveland Marathon / Cleveland Browns Stadium
100 Alfred Learner Way
Cleveland, Ohio 44114

Format: Runner will compete as a part of the Rite Aid Cleveland Marathon. **10K REGISTRATION ENDS SUNDAY, MAY 13 at 12:00PM, EST.**
13) SHUFFLEBOARD
Date: Friday, July 27, 2012
Time: 9:00AM
Location: Case Western Reserve University (Veale Center)
2138 Adelbert Road
Cleveland, Ohio 44016

Sport Chairperson: Rich Phifer, 440-897-4510
Event Offered: Singles and doubles (Doubles Partners may be mixed genders)
Format: All attempts will be made to ensure individuals will play the maximum number of games, with as many players as possible advancing to the final.
Event Information: Athletes must provide their own cues. Disks will be provided.

14) SOFTBALL
Date: Friday & Saturday, July 27 & 28, 2012
Time: 9:00AM
Location: Victory Park Ohio
7777 Victory Lane
North Ridgeville, Ohio 44039

Sport Chairperson: Charlie Barch, charlie.barch@chagrinschools.org, 216-408-9600
Format: The tournament will use a round robin format for each age group if possible. ASA rules with Senior Modifications. The Sport Chair reserves the right to change the tournament format for any age division based on the number of entries, space restrictions, or other circumstances.
Event Information: Teams must be all of one gender. Age groups for competition are determined by the youngest playing member as of December 31, 2012. All players must be able to show proof of age at check-in. No metal cleats. Game balls and bases are provided.

Athletes may only compete on ONE team per sport. Teams must provide their own bats, gloves, and practice balls. Game balls and bases will be provided. Team uniform must be of like design and color, with numbers on at least one side of the shirt. Team rosters shall be limited to 22 persons, including non-playing coaches, non-playing captains and non-playing bench personnel. All registration and team rules apply to non-playing coaches, non-playing captains and non-playing bench personnel.
2012 Ohio Senior Olympics - General Registration Information

15) SWIMMING

Date: Friday, July 27, 2012
Time: Warm-up - 8:00AM, Meet start time - 9:00AM
Event Order:
1) 100 Breaststroke
2) 50 Backstroke
3) 100 Butterfly
4) 200 Backstroke
5) 50 Freestyle
6) 100 Individual Medley
7) 100 Backstroke
8) 50 Breaststroke
9) 200 Freestyle
10) 50 Butterfly
11) 200 individual Medley
12) 100 Freestyle
13) 200 Breaststroke
14) 500 Freestyle

Location: Cleveland State University (Robert Busbey Natatorium)
2451 Euclid Avenue
Cleveland, Ohio 44115

Sport Chairperson: Mike Gallagher, 440-666-1928

Format: This meet will be conducted in accordance with United States Masters Swimming rules. The heats will be seeded slowest to fastest. No Times (NT) will be seeded in the slowest heats. The major points of the rules include:

a) Starts: The forward start may be taken from the starting blocks, the pool deck or a push from the wall. The backstroke start is taken from the wall. A false start will result in disqualification.
b) Turns: The breaststroke and butterfly turns must be done with both hands touching the wall simultaneously. The backstroke and freestyle events require some part of the body to touch the wall.
c) Backstroke: There are no rules pertaining to arm or leg movements. The swimmer is allowed to turn over on his/her stomach during the turn prior to touching the wall.
d) Breaststroke: The appropriate stroke is required.
e) Butterfly: The appropriate stroke is required. The whip kick or the dolphin kick may be used exclusively or interchangeably while doing the butterfly.
f) Freestyle: Swimmers must touch the wall at each turn and at the finish. Any stroke may be used, and swimmers may switch strokes whenever they wish, except that in an individual medley event, freestyle means any stroke other than butterfly, breaststroke, or backstroke.
g) Medley: The order of strokes in the individual medley is butterfly, backstroke, breaststroke and freestyle. Rules for the individual strokes govern strokes and turns.
h) General: Any swimmer who uses improper methods in order to obtain an advantage over his/her competition will be disqualified from that event.

Event Information: Each swimmer is allowed a maximum of 6 individual events. Swimmers do not need to be a registered USM swimmer to enter the meet. Swimmers must provide their own suits, caps, goggles and towels. A separate warm up pool is available.

www.ohioseniorolympics.org
### 16) TABLE TENNIS

**Date:** Friday, July 27, 2012  
**Time:** 9:00AM  
**Location:** Case Western Reserve University (Veale Center)  
2138 Adelbert Road  
Cleveland, Ohio 44016  

**Sport Chairperson:** Sue Hlavacek, shlavacek@clevelandsports.org, 216-363-1341  

**Event Offered:** Singles, Doubles, and Mixed Doubles  

**Format:** Matches will be conducted in accordance with current USATT rules. The Sports Chair reserves the right to change the tournament format for any age division based on entry numbers; space restriction, or other circumstances. All attempts will be made to ensure that individuals will play the maximum number of games, with as many players as possible advancing to the finals.  

**Event Information:** Players must bring their own paddles. Paddles must meet USATT rules. Players must wear solid-colored shirts; no orange clothing will be allowed. Balls will be provided.

### 17) TENNIS

**Date:** Thursday & Friday, July 26 & 27, 2012  
**Time:** 8:00AM  
**Location:** Cleveland State University (Malaga Tennis Center)  
2100 Chester Avenue  
Cleveland, Ohio 44114  

**Sport Chairperson:** Sue Hlavacek, shlavacek@clevelandsports.org, 216-363-1341  

**Event Offered:** Singles, Doubles, and Mixed Doubles  

**Format:** Matches will be conducted in accordance with the USTA rules, except as modified herein. Sport Chair reserves the right to modify any draw. All attempts will be made to ensure that individuals will play the maximum number of games, with as many players as possible advancing to the finals.  

**Event Information:** Players must provide their own racquets. Balls will be provided.
2012 Ohio Senior Olympics - General Registration Information

18) TRACK AND FIELD
Date: Saturday, July 28, 2012
Time: 8:30AM. Athletes must check-in at least one half hour before their event will and verify their intent to compete. Athletes not checked-in one half hour before their event will forfeit their right to compete. Athletes will have a warm up time at each field event before competition begins.

Location: Case Western Reserve University (Case Field)
1632 East 115th Street
Cleveland, Ohio 44016

Sport Chairperson: Larry Siefert, LNS1955@att.net

Track Event: 50, 100, 200, 400, 800, 1500 meter run. The Schedule of events will be posted at a later date on www.ohioseniorolympics.org.

Field Event: Discus, hammer throw, high jump, javelin, long jump, pole vault, shot put, and triple jump.

Event Information: Field equipment (other than poles for pole vault) will be provided. Athletes may bring their own equipment, which will be certified by event officials prior to competition.

19) TRIATHLON
Date: Sunday, August 5, 2012
Time: 6:00AM

Location: Greater Cleveland Triathlon Event
Mentor Headlands State Park
9601 Headlands Road
Mentor, Ohio 44060

Sport Chairperson: Mickey Rzymek, NCMultisports@aol.com, 216-272-0064

Format: Athlete will compete as a part of the Greater Cleveland Triathlon Event. TRIATHLON REGISTRATION ENDS FRIDAY, JULY 27 AT 5:00PM, EST.
2012 Ohio Senior Olympics - General Registration Information

20) VOLLEYBALL

Date: Saturday, July 28, 2012
Time: 9:00 AM

Location: Case Western Reserve University (Veale Center)
2138 Adelbert Road
Cleveland, Ohio 44016

Sport Chairperson: Chico Chernosky, a.chernosky@csuohio.edu, 216-687-4800

Format: Tournament format will include preliminary round robin play leading to an elimination bracket championship final. All matches will be conducted in accordance with USA Volleyball rules, except as modified at the discretion of the Sport Chair. Sport Chair reserve the right to alter the format if required by number of entries. Every effort will be made to give teams as many games as possible.

Event Information: Teams must be of one gender. Athletes may only compete with ONE team per sport. Team roster shall be limited to 15 persons, including non-playing coaches, non-playing captains and non-playing bench personnel.
2012 Ohio Senior Olympics - General Registration Information

In celebration of the Ohio Senior Olympics and the Summer National Senior Games, Cleveland will also host a year-long series of programs focused on active aging and lifelong learning for people 50 or better. Below you will find registration information for the three events that will kick-off the Year of Vitality. Please check all events you will attend and fill out the contact information below. Registration can also be found online at the following address:

https://2012OSOYearOfVitality.TheRegistrationSystem.com

Year of Vitality Calendar of Events:

☐ #___ Age of Champions Screening – Palace Theater Wednesday, July 25, 2012
This free, ticketed event will feature the documentary “Age of Champions,” which chronicles the preparation and competition of five athletes who participated in the 2009 National Senior Games in Palo Alto, CA. This will kick off the 2012 Ohio Senior Olympics. After the film, there will be a panel discussion and Q&A with the producer and a health and wellness expo will precede the event. Tickets will be included in your confirmation packet.

☐ #___ Ohio Senior Olympics HOF Dinner – Windows on the River Thursday, July 26, 2012
The Ohio Senior Olympics Hall of Fame began in 2007 to recognize the accomplishments of the many athletes competing in and promoting Senior Olympics at the local, regional, state and national level. The 2012 class will be inducted in a ceremony in Cleveland during the 2012 Ohio Senior Olympics. Tickets, $30 each, will include dinner. A cash bar will be offered.

☐ #___ Cleveland Senior Walk, locally presented by University Hospital Friday, July 27, 2012
In conjunction with the City of Cleveland and University Hospitals, a free community walk in celebration of active lifestyles will take place in downtown Cleveland in conjunction with the Ohio Senior Olympics. The walk will include health screenings, giveaways, healthy snacks, entertainment, free t-shirts, and more!

Date: Friday, July 27, 2012
Location: Gateway Plaza (Between Quicken Loans Arena & Progressive Field)
Time: Registration @ 9:15am, Walk @ 10:30am
2012 Ohio Senior Olympics - General Registration Information

INDIVIDUAL REGISTRATION FORM
(Please PRINT CLEARLY and complete both sides. This form may be copied)

First Name ______________________ MI_____ Last Name __________________________________
Address ____________________________________________________________________________
City ______________________ State___________________ Zip Code _________________________
E-mail Address ____________________________________ Phone Number ____________________
Sex (circle one)   Male      Female                Date of Birth _______/_______/_______
Emergency contact________________________ Phone Number ______________________________
T-shirt Size (circle one)    S      M      L      XL      2XL     3XL

REGISTRATION FEES

Individual Registration Fee
Before June 29, 2012 - $40  $ _____
(Registration excludes Golf, 5K/10K Road Races, and Triathlon events)
After June 29, 2012 at 5:00PM - $50  $ _____
(Registration excludes Golf, 5K/10K Road Races, and Triathlon events)

Sport Specific Registration Fee
Golf - $65 registration  $ _____
(Registration includes green fees and golf cart)

5K Road Race - $45 registration  $ _____ (Registration ends 6/18/12)
(Registration includes “A Most Excellence Run” event fees)
10K Road Race - $45 registration  $ _____ (Registration ends 5/13/12)
(Registration includes “Rite Aid Cleveland Marathon” event fees)

Triathlon - $75 registration  $ _____ (Registration ends 7/27/12)
(Registration includes “Greater Cleveland Triathlon” event fees)

Year of Vitality Events
Hall of Fame Induction Dinner - $30 per person  $ _____

TOTAL FEES DUE  $ _____

Makes Checks or Money Orders payable to:
Greater Cleveland Sports Commission

Complete the forms, read, and sign the waiver on the next page and mail to:
Greater Cleveland Sports Commission
ATTN: 2012 Ohio Senior Olympics
334 Euclid Avenue, Suite 100
Cleveland, OH  44114

www.ohioseniorolympics.org
2012 Ohio Senior Olympics - General Registration Information

Sport Selection
The $40 registration fee will enter you in a maximum of 2 sports (NOT including Golf, 5K/10K Road Race, and Triathlon). You are responsible for selecting events that do not conflict with each other. Please check the schedule carefully. Please note that events will not wait for you to participate if you should over schedule.

<table>
<thead>
<tr>
<th>Archery</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Recurve ______</td>
<td>Compound fingers ______</td>
<td>Compound release ___</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Badminton</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Singles _____</td>
<td>Doubles (same sex partner) _____</td>
<td>Partner ___________________________</td>
</tr>
<tr>
<td>Mixed (opposite sex partner) _____</td>
<td>Partner ___________________________</td>
<td></td>
</tr>
</tbody>
</table>

ALL BOWLING IS $8.85 for 3 games, due at the lanes on scheduled date.

<table>
<thead>
<tr>
<th>Bowling</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Singles _____</td>
<td>Squad A (10AM) _____</td>
<td>Squad B (1PM) _____</td>
</tr>
<tr>
<td>Mixed (opposite sex partner) _____</td>
<td>Partner ___________________________</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Cycling</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>5K Time Trial _____</td>
<td>10K Time Trial _____</td>
<td>20K Road Race _____</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Golf (please list your name and requested partners below)</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1.) ______________________</td>
<td>2.) ______________________</td>
<td>3.) ______________________</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Horseshoes</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Singles _____</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Pickleball</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Singles _____</td>
<td>Doubles (same sex partner) _____</td>
<td>Partner ___________________________</td>
</tr>
<tr>
<td>Mixed Doubles (opposite sex partner) _____</td>
<td>Partner ___________________________</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Race Walk</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1500 meter _____</td>
<td>5000 meter _____</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Racquetball</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Singles _____</td>
<td>Doubles (same sex partner) _____</td>
<td>Partner ___________________________</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Shuffleboard</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Singles _____</td>
<td>Doubles (either sex) _____</td>
<td>Partner ___________________________</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Swimming</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Back Stroke _____</td>
<td>Breaststroke _____</td>
<td>Butterfly _____</td>
</tr>
<tr>
<td>50 yards _____</td>
<td>50 yards _____</td>
<td>50 yards _____</td>
</tr>
<tr>
<td>100 yards _____</td>
<td>100 yards _____</td>
<td>100 yards _____</td>
</tr>
<tr>
<td>200 yards _____</td>
<td>200 yards _____</td>
<td></td>
</tr>
<tr>
<td>Freestyle _____</td>
<td>Individual Medley _____</td>
<td></td>
</tr>
<tr>
<td>50 yards _____</td>
<td>100 yards _____</td>
<td></td>
</tr>
<tr>
<td>100 yards _____</td>
<td>200 yards _____</td>
<td></td>
</tr>
<tr>
<td>200 yards _____</td>
<td>500 yards _____</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Table Tennis</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Singles _____</td>
<td>Doubles (same sex partner) _____</td>
<td>Partner ___________________________</td>
</tr>
<tr>
<td>Mixed Doubles (opposite sex partner) _____</td>
<td>Partner ___________________________</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Tennis</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Singles _____</td>
<td>Doubles (same sex partner) _____</td>
<td>Partner ___________________________</td>
</tr>
<tr>
<td>Mixed Doubles (opposite sex partner) _____</td>
<td>Partner ___________________________</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Track &amp; Field</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>50 meter run _____</td>
<td>1500 meter run _____</td>
<td>Pole Vault _____</td>
</tr>
<tr>
<td>100 meter run _____</td>
<td>High Jump _____</td>
<td>Javelin _____</td>
</tr>
<tr>
<td>200 meter run _____</td>
<td>Long Jump _____</td>
<td>Shotput _____</td>
</tr>
<tr>
<td>400 meter run _____</td>
<td>Triple Jump _____</td>
<td>Discus _____</td>
</tr>
<tr>
<td>800 meter run _____</td>
<td>Hammer Throw _____</td>
<td></td>
</tr>
</tbody>
</table>

TEAM EVENTS

<table>
<thead>
<tr>
<th>3-on-3 Basketball</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Team Name ______________________</td>
<td>Captain ______________________</td>
<td></td>
</tr>
</tbody>
</table>

Softball

<table>
<thead>
<tr>
<th>Softball</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Team Name ______________________</td>
<td>Captain ______________________</td>
<td></td>
</tr>
</tbody>
</table>

Volleyball

<table>
<thead>
<tr>
<th>Volleyball</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Team Name ______________________</td>
<td>Captain ______________________</td>
<td></td>
</tr>
</tbody>
</table>

www.ohioseniorolympics.org
2012 Ohio Senior Olympics - General Registration Information

Team Sports Entry Information

1. All team members (coaches, players, and bench personnel) must complete the individual entry registration form, sign the waiver and select events in which they will participate. Follow the General Registration instructions on the prior page to the Individual Registration Form in this packet.

2. The Team Captain must submit the entire team packet as a group. Packets should include: registration forms with signed waivers for each team member, event selection form, team roster and appropriate event fees. **$40 per team member.**

3. All team packets must be postmarked by: **7/16/12.**

4. Age divisions for all team competition will be determined by the age of the **youngest** playing team member as of December 31, 2012.

5. Please note non-playing members of the team on the roster below and on their individual registration form.

6. Teams must be of all one gender.

7. Teams rosters are limited to the following:
   - 3-on-3 Basketball (10 persons)
   - Softball (22 persons)
   - Volleyball (15 persons)

8. All rules apply to non-playing coaches, non-playing captains and non-playing bench personnel.

9. Athletes may compete on only one team per sports.

10. All athletes must present a photo identification (i.e. driver’s license, etc.) displaying holder’s date of birth.

11. Teams must provide their own equipment including practice balls, bats, and numbered uniform shirts.

12. Players may participate on two different sport teams (Basketball, Volleyball, or Softball). Team members may also participate in individual events for the same registration fee.

13. See descriptions for each team sport for additional rules/requirements.

14. Changes to team roster will **NOT** be permitted on site at the games.
2012 Ohio Senior Olympics - General Registration Information

SPORT: _______ 3-on-3 Basketball _______ Volleyball

______ Softball skill level (circle one): Platinum (men only) Gold Silver

Team Name: ________________________________________________ Age Group: ________________

Captain’s Name__________________________________________ Captain’s Cell Phone: ________________

Captain’s Address: __________________________________________________________________________

City, State: ____________________________________________ Zip Code: _______________________

This form is to be completed by Team Captain ONLY!
One roster per team

<table>
<thead>
<tr>
<th>Team Roster. List Names of All Team Members. Please PRINT.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
</tr>
<tr>
<td>2.</td>
</tr>
<tr>
<td>3.</td>
</tr>
<tr>
<td>4.</td>
</tr>
<tr>
<td>5.</td>
</tr>
<tr>
<td>6.</td>
</tr>
<tr>
<td>7.</td>
</tr>
<tr>
<td>8.</td>
</tr>
<tr>
<td>9.</td>
</tr>
<tr>
<td>10.</td>
</tr>
<tr>
<td>11</td>
</tr>
<tr>
<td>12.</td>
</tr>
<tr>
<td>13.</td>
</tr>
<tr>
<td>14.</td>
</tr>
<tr>
<td>15.</td>
</tr>
<tr>
<td>16.</td>
</tr>
<tr>
<td>17.</td>
</tr>
<tr>
<td>18.</td>
</tr>
<tr>
<td>19.</td>
</tr>
<tr>
<td>20.</td>
</tr>
<tr>
<td>21.</td>
</tr>
<tr>
<td>22.</td>
</tr>
</tbody>
</table>
The 2012 Ohio Senior Olympics Liability Waiver Form

I, the undersigned athlete, do hereby consent and agree to participate in the 2012 Ohio Senior Olympics put on at Case Western Reserve University, Cleveland State University, Freeway Lanes at Wickliffe, Little Mountain Country Club, Victory Sports Park Ohio, Hampton Hills Metro Park and Headlands Beach State Park.

I agree to allow, without compensation, my likeness to appear in material, regardless of media form, promoting the Greater Cleveland Sports Commission, Case Western Reserve University, Cleveland State University, Freeway Lanes at Wickliffe, Little Mountain Golf Club, Victory Park Ohio, Hampton Hills Metro Park and Headlands Beach State Park, its championships, events and activities, including those of its representatives and licensees.

I understand that injuries from the 2012 Ohio Senior Olympics are not uncommon and we acknowledge voluntary participation in the Event and assume full responsibility for any and all risks of injury, death or property damage. It is agreed and understood that the Greater Cleveland Sports Commission, the Ohio Senior Olympics, Case Western Reserve University, Cleveland State University, Freeway Lanes at Wickliffe, Little Mountain Country Club, Victory Sports Park Ohio, Hampton Hills Metro Park, Headlands Beach State Park, affiliate organizations, members and representatives (collectively referred to as “Releasees”) assumes no legal liability for injuries or loss as a result of such participation whether caused by the negligence of Releasees.

In consideration for participation in the 2012 Ohio Senior Olympics, I understand and agree to this release of liability, waiver of legal rights and assumption of risk and any terms states. The undersigned agrees to indemnify, defend, and hold harmless the Releasees and its’ affiliate organizations, members and representatives from any claim or injury arising from my participation at Case Western Reserve University, Cleveland State University, Freeway Lanes at Wickliffe, Little Mountain Country Club, Victory Sports Park Ohio, Hampton Hills Metro Park and Headlands Beach State Park activities.

The undersigned agrees that this release, waiver, and indemnity agreement (Agreement) is intended to be as broad and inclusive as permitted by the law of the State of Ohio and that if any portion of the Agreement is held invalid, it is agreed that balance will, not withstanding, continue in full legal force and effect. The undersigned further states that he/she has carefully read the Agreement and understands the contents and signs the Agreement as his/her own free act. No person is permitted to participate in any activity unless they have satisfactorily completed this release and waiver.

_________________________________________________
(Signature)

_________________________________________________
(Print Name)

_________________________________________________
(Date)
VOLUNTEER INFORMATION

JULY 26-29, 2012

- Open State Qualifier for the 2013 Summer National Senior Games
- Over 2,000 athletes in 19 sports
- Locations across Northeast Ohio
- All competitions FREE for spectators

VOLUNTEERS NEEDED
Looking for energetic individuals to donate their time and experience in a variety of meaningful areas
- Athlete Registration
- Operations Crew
- Sport Specific Volunteers
- Awards Distribution
- Bag Stuffing/Distribution
- Volunteer Check-In

To Volunteer, call 216.479.6345 or visit 2012ohioseniorolympics.theregistrationsystem.com